

## Who We Are

### **Kaaran Anderson, RN**



Kaaran is a registered nurse who earned her associates degree from Skagit Valley College's RN Program. Kaaran has worked in various

skilled nursing facilities. Kaaran is dedicated to providing client centered quality care which produced optimal outcomes and resolution. She joined the Elder Law Offices of Barry M. Meyers team in 2013. She is a member of Aging Life Care Associates and continually updates her education through seminars and classes.

In her spare time, Kaaran enjoys hiking, gardening and spending time with her family.

*"Kaaran proactively built a relationship of trust and caring with all of us from the beginning that proved invaluable when my mother-in-law broke her hip. Kaaran was the gentle voice of reassurance and knowledgeable guidance helping us get the best care possible for our mother at an overwhelming time. She was the angel we needed to hold our hand and show us the way!"*

Krista and J, (Daughter and Son)  
Bellingham, WA

*"You may not be able to accept gifts but you can accept a note of gratitude! Thank you so much for being there for my family again."  
Barb, (Daughter) Vancouver, BC*

*"As always, thanks for the help and the kind words. We have all discussed many time, now that we can breathe a bit easier, how much the Elder Care help has meant to us!! Cheers."  
J., (Son) Bellingham, WA*

## Contact

**BELLINGHAM**  
2828 Northwest Avenue  
Bellingham, WA 98225

**MOUNT VERNON**  
825 Cleveland Avenue  
Mount Vernon, WA 98273

Phone: (360) 647-8846

Fax: (360) 647-8854

E-mail: [info@elderlaw-nw.com](mailto:info@elderlaw-nw.com)

**[www.elderlaw-nw.com](http://www.elderlaw-nw.com)**

Please note that our Geriatric Care Manager is a health care professional and cannot give legal advice. Should you have any questions or concerns regarding Elder Law and how we can help you, please contact our office.

# GERIATRIC CARE MANAGEMENT



*Do you need help facilitating care for you or your loved one?*

We can help provide answers at a time of uncertainty.

**ELDER LAW**  
OFFICES OF  
**BARRY M. MEYERS**

## Why People Seek Us Out

Adult sons and daughters near and far are worried about a parent

Behavior changes noticed in a family member

Problem solving challenging behaviors that may affect an elder's ability to remain at home

There are concerns about driving, bill paying and home safety

Medication mishaps

Caregivers are having difficulty balancing their own lives with caring for a loved one

A loved one is in the hospital or other setting and family are unsure where they should go next

Connecting clients/families with services to fit their unique situation

Long Term Care Insurance questions and navigating activation

Crisis management

Preventing senior scams

Facilitating communication with all medical professionals

**For more information or a consultation contact us at  
(360) 647-8846**

*"I do want to thank you... It was great having your eyes in Bellingham. My best move regarding taking care of my parents."*

*Chris, (Son) Oakland, CA*

## What We Do

We meet with elders and their family members and listen to their concerns. We combine their ideas and information with our professional expertise to find effective solutions for each unique situation. Our role is that of a facilitator and advocate, connecting clients and families with services, support, and education. We provide you with the tools and information to make informed decisions about your options. We also assist clients navigate their Long Term Care Insurance policy activation.

*"Living in Seattle with my brother out of state, it was hard for us to monitor our parents care. You saved us time and energy... finding the best choices for care for our parents. Again, many thanks for all your help."*

*Kathi, (Daughter) Seattle, WA*

*"This is a very special 'Thank you' for all your help and support. I could not have done it without your help."*

*Sue, (Wife) Bellingham, WA*

## Our Services

- **Consultations:** Office, in-home or facility visits.
- **Assessments:** Comprehensive in-home assessments to identify and address specific safety and health care concerns.
- **Specialized Care Plans:** Planning and problem solving for each unique situation.
- **Client Centered Support:** Ongoing care management support services to ensure quality care and advocacy for all individual.
- **Assistance:** Connecting clients and families with medication management oversight, home care options, errand services, coordinating care professionals, facility referrals and adult day health respite programs.
- **Communication:** Working with families and professionals to best serve the ever changing needs of the aging client.
- **Education and Advocacy:** Assistance and advocacy with Health Care Providers.
- **Housing Options:** Providing information on the various assisted living facilities, adult family homes and skilled nursing facilities in Skagit and Whatcom Counties.

*Our Geriatric Care Manager abides by professional codes of ethics and does not accept any gifts, referral fees, commissions, or kickbacks from any facility, provider, or other entity or organization. This policy helps ensure unbiased advice and information.*

**Serving Whatcom and Skagit  
Counties**